



# It Only Takes 6 Steps to Change Your Life

according to John C. Maxwell

# Step 1

When you change your thinking, you change your beliefs.



Change begins with the mind.

# Step 2



When you change your beliefs, you change your expectations.

Belief is the knowledge that we can do something.

# Step 3



When you change your expectations, you change your attitude.

Your expectations are going to determine your attitude.

# Step 4

When you change your attitude, you change your behavior.

When your attitude begins to change, your behavior begins to change.



# Step 5



When you change your behavior, you change your performance.

Most people would rather live with old problems than new solutions.

# Step 6



When you change your performance, you change your life.

It is easier to turn failure into success than an excuse into a possibility.

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